

Family Education from the Perspective of Children's Rights

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Abstract. With the development of society, China's family structure is changing, which from the past big family to small family at present, due to the influence of traditional misconceptions, some parents regard children as private property, which affects the protection of children's rights. As the flowers of our motherland, children need more care from society and families. The family as the basic place for children to survive and develop, it bears the primary task to protect children's rights; this is determined by the specific functions of the family and the special relationship between parents and children, which is also an inevitable requirement of modern society. This paper believes that the protection of children's rights is closely related to family education.

Keywords: children's rights, development, family education.

1. Introduction

With the progress of society and the improvement of parents' quality, parents have paid more attention to family education than ever before. However, in fact, although many parents have good wishes and mastered certain family education ideas and methods, they often fail to achieve their intended goals when educating children. The fundamental problem is that parents ignore children's rights and lack respect for children's rights in the process of educating children. Many parents have a lot of blindness in dealing with relationship with their children. In the family education in China, children's rights awareness is very lacking at the decision-making level or among the people. On the one hand, it reflects that the spread of children's rights is far from being well known, and people do not understand children's rights; on the other hand, it also reflects the exclusion of children's rights by adult society. Therefore, indifference and violations of children's rights are everywhere, which have become the crux of the family education problem.

2. Respecting and Protecting Children is the Sure Choice of Family Education

2.1 Respecting and Protecting Children's Rights is Essential Function of the Family

The essence of the family is family relationships, and the essential function of the family is the reproduction and nurturing of the population. As the nurturing and education object of family, children have various needs for survival, development, participation in social life, and the unique rights granted to them by society. This determines that the parents must give them many aspects of care from the beginning of their lives, provide the necessary material conditions for survival, growth, food, clothing, housing, medical care, education, etc., and protect children's needs and legal rights from infringement. Moreover, the family as the first environment for children to grow, the knowledge, concepts, behaviors and other personality traits children acquire are the most basic elements in the overall development of human beings, and they are able to lay the knowledge and ability to be based on society in the initial stage of human beings, it is also a necessary condition for children to realize their own life value on the social stage, which will have an important impact on their life. Therefore, in essence, respecting and protecting children's realization of their rights is an obligation that parents as their guardians should implement, this obligation arises with the birth of the child, and every aspect of the child's growth process cannot be separated from the role of the family.

2.2 Respecting and Protecting Children's Rights of Children is Determined by the Purpose of Family Education.

The protection of children's rights is a concrete manifestation of a certain educational purpose. "Convention on the Rights of the Child" clearly stipulates that the purpose of educating children should develop children's personality, intelligence and physical and mental abilities to the fullest extent. The legislative purpose of China's "Law of the People's Republic of China on the Protection of Minors" is to protect the physical and mental health of minors, protect the legal rights and interests of minors, and promote the comprehensive development of minors in morality, intelligence, and physical fitness. In contemporary China, no matter how different the individual family's specific goals are in child training, the purpose of family education is consistent with "Convention on the Rights of the Child" and "Law of the People's Republic of China on the Protection of Minors", namely protecting children' realization of their rights, and promote their all-round development to better reflect their social values. Parents' education for their children influences them to make valuable choices on the path of life and the realization of their right to development and participation. Therefore, strengthening the idea of respecting and protecting children' rights is a necessary prerequisite for the success of family education.

2.3 Respecting and Protecting Children's Rights is Concrete Manifestation of Family Education Contents

The extensive and comprehensive characteristics of family education contents are unmatched by other educational carriers. Parents provide various suitable conditions for the growth of their children, meet their various needs for survival and development, and develop their potential and promote their physical and mental development according to their development characteristics and social needs; these are family education activities, it is also a guarantee of their rights. In the practice of family life, cultivate children's survivability, enlighten their spiritual world, learn to do things in society, practice their skills in participating in social life, and lay a solid foundation for them to realize their own life value on the social stage, promote the comprehensive development of children's moral character, intelligence and physique is concrete manifestation of the realization of children's rights. To examine family education in this sense, the parents who are the guardians of the children fulfill the responsibility of protecting the rights of the children. Dozens of children's rights in "Convention on the Rights of the Child" and "Law of the People's Republic of China on the Protection of Minors" explain survival, development, protection, participation of minors, basically contains all the contents of family upbringing and education for children. Respecting and protecting the rights of children is the bottom line and basic connotation of parenting and educating children, and it is also the starting point and destination of family education.

2.4 Respecting and Protecting Children's Rights of Children is New Requirement for Social Development

The patriarchal system of traditional Chinese feudal society is prevalent; parents have absolute authority in the family and can control everything in the family, including the right to control their children. The children must obey the parents unconditionally, and the children and the parents are personal bondage relation. In this model of parent-child relationship, children are completely restrained under the control of their parents, and the next generation can only obey the previous generation. Children have no independent personality in the family and no right to choose their own future. The future and destiny of the children are determined by the parents, the parents do not have to take into account the characteristics and the needs of the child. Modern society has abolished the feudal autocracy, and the children's personal bondage to their parents has no basis for existence. Everyone is an independent individual and has own status and rights in society or in the family. The development of society pays more and more attention to human value, human development and the protection of human rights. China's Constitution stipulates that "Citizens of the People's Republic of China are equal before the law ", which also applies to the relationship between adults and children. "The state respects and protects human rights" includes respecting and protecting children's rights.

As far as social significance is concerned, the family protection of children's rights provides society with a sustainable development of population security, which is an intrinsic requirement of society for human quality, an inevitable way for social and cultural inheritance, and an important condition for maintaining social stability, It is related to the healthy growth of a new generation of people and the healthy operation of the entire society. Therefore, it is an inescapable function given to the family by society.

Family education in modern society is examined in the above sense; parents fulfill their responsibility to protect their children's rights. With this understanding, and then thinking about strengthening the "child-oriented, respect and protection of children's rights" idea, we will feel that it is the core value of family education. Taking this family education as the guide, learning the methods and arts of educating children and implementing them in the practice of family education can achieve the goals of healthy survival and sustainable development of children.

3. Problems in Family Education

3.1 Inadequate Parenting Experience and Ability

Cultivating children is a good expectation in the minds of most parents, but busy work and lack of parent-child communication have become a common social phenomenon. Parents wish that the children can study and succeed in their studies. However, the expectations of the parents do not represent the wishes of the children; the concerns about the parents will also linger in the hearts of the children, how to face and resolve these emotions of thought, how can parents understand, care for their children's growth from a correct perspective, which requires professional support from the society and the cooperation of the family. In today's society, there are more and more high-knowledge, high-education, high-income families, but the rich knowledge does not give young parents a clear advantage in the process of parenting, and children will have different problems every day in their growth, These problems make busy young parents more anxious and seem to send their children to various training classes non-stop, so that their nervousness can be relaxed.

The indifference of interpersonal relationships, the decline in trust between people, the pressure of work, and the lack of parenting experience will cause parents to have a variety of problems in the process of educating their children. For educational institutions, many kindergartens, schools regularly organize parent meetings, the purpose is to make parents to correctly face the problems encountered by their children in their growth, and through such a communication platform, they can get more from each other parenting information, in order to help more scientifically and rationally guide the healthy growth of children. Teachers can also pay attention to children's growth environment through regular home visits, and provide timely help and support for problems in family education. However, outside help and stimulation cannot fundamentally solve many problems encountered in the growth of children; the core of the problem is to change the parenting concept of parenting. A child's mental life will develop naturally only in an environment suitable for his age, and reveal his inner secret. The reason why a child cannot develop and grow normally is mainly because of the repression of adults, it is the opposite mission given to adults by society; give them the right to decide the education and development of children. In a sense, the unscientific ideas of family education directly damage the rights of children.

3.2 Deviations of Family Education

Deviations in the parenting ideas and weak family education forces make it impossible for children to obtain basic good habits in family life. In the long run, it has only caused a decline in children's learning ability and physical ability. Parents work hard to create a good learning environment for children, but they ignore the key role they play in their children's growth. Good upbringing comes from the family, education allows children to acquire knowledge, and upbringing is the guarantee for the child's lifelong development. Famous brands and prestigious schools cannot replace the influence of parents on children's teaching.

Whether it is a normal child's family or a special child's family, parents are essential to the upbringing of their children. In education cases, we often find that many talented and intelligent children, because their parents are busy, the communication with their children is limited to video calls, or a few days during the holidays, Children need no effective help from their parents when they need emotional communication or growth guidance. When children use only experience or instinct to deal with things, it is very easy to cause deviations in behavior. Once these behaviors occur and cannot be corrected in time, it is extremely detrimental to the healthy growth of children. And when children have problems, parents will complain to each other. The father blamed his mother for not knowing what to do all day long. The mother blamed his father for never bringing children or educating children. Parents do not have clear understanding of their responsibilities and obligations in treating children's family education, and it causes family education not to play a real role in the growth of children. The healthy growth of children must be completed by the family, school, and society, and the role of good family education for children is unquestionable. Parents' attitudes towards children affect their growth.

4. Children's Rights and Interests and Children's Physical and Mental Development Characteristics

Children's behavior in their lives reflects their unique state of childhood. The understanding of the characteristics of childhood development can better help society and parents to understand children and provide timely guidance for children's growth and development. The characteristics of childhood development are mainly manifested in the following aspects:

Children's physical development is obvious, and children's sport function develops rapidly. As a result, the things that children can accomplish also increase, and children's desire for activity is higher. Children often immerse themselves in the process of game activities, in this state, game activities are not limited to the promotion of children's sport function development, but more importantly, it can promote children's physical and mental health.

With the gradual development of children's self-awareness, their awareness to accomplish things is getting stronger and stronger, but during this period, children's dependence on trusted parents, teachers, and adults still shows strong psychology. Children can get help in time, be recognized by their peers, children's sense of security can be improve, and parents can better encourage children to complete more things independently through their own efforts. During this period, children can fully experience the subtle relationship between dependence and self-reliance by play games, which will play a positive role in promoting children to live in harmony with people around them in the future and get a rich life.

On the basis of their existing life experience, children like to try things in person, and in the process, they will form an initial comprehension and understanding of something, moreover, children will naturally exclude the desire to explore certain things that they do not like. Children continue to explore on the basis of their own experience accumulation, take the existing experience and knowledge to play with their peers, treat the same thing in the game activities, different children have different experiences and understandings, diverse opinions in group activities can stimulate children to carry out further communication and discussion, and the activities will be carried out and deepened.

With the spirit of trust and admiration, children imitate the words, deeds, attitudes, and behaviors of those around them, the chances of copying during use are also very high. The object of imitation is initially relatives; teachers and other adults, with the expansion of children's living scope, friends, stories, fairy tales, etc. have gradually stepped into the lives of children, at this time, and it is also an important period for the development of children's personality, habits and attitudes. Parents should be a guide and supporter of children's growth path rather than a leader of children. The children are living person with vitality and development potential. Parents' neglect and suppression of children's psychological development will cause irreparable harm to children's growth and development.

5. Conclusion

As the inheritor of social civilization and the future of the motherland, children's growth should be cared for and concerned by the whole society. Only by relying on the help of schools, communities, and society can family education truly exert the power of family education. Parents should change the concept of parenting in time, children not only belong to the family but also belong to society, and children must assume future social responsibilities. Respecting and protecting the rights of children can better make children to grow healthily.

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